

# SHREWSBURY PARKS AND RECREATION

FALL 2016



# MISSION AND POLICIES

## **PARKS & RECREATION DEPARTMENT**

The Shrewsbury Parks and Recreation Department will provide well-rounded, quality programs and significant resources by anticipating and responding to customer needs, while enhancing the sense of a close safe community for all current and future participants.

## **AMERICANS WITH DISABILITIES ACT**

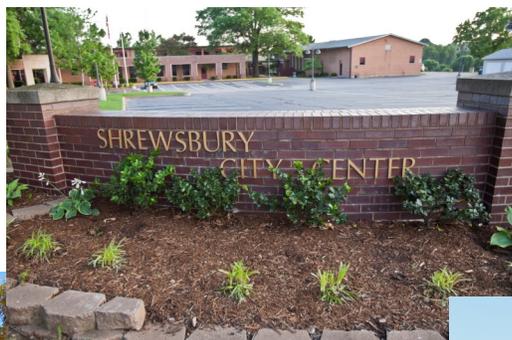
We encourage people of all abilities to participate in the programs and to use the facilities we offer. If a program modification will make an activity accessible for you or a family member, our staff will be happy to speak with you to make the necessary accommodations. Please do not hesitate to let us know how we can help you enjoy your experience.

## **NON-DISCRIMINATION POLICY**

The City of Shrewsbury does not discriminate on the basis of age, race, sex, color, religion, national origin, disability, veteran status, ancestry or any other status protected by law.

## **CODE OF CONDUCT**

The City of Shrewsbury expects reasonable and appropriate behavior from those who visit and use the facilities and participate in activities. The Parks & Recreation Department has established a code of conduct to ensure safety and enjoyment and reserves the right to deny admission and/or take disciplinary action against any individual violating the code of conduct. A violation includes, but is not limited to, the use of obscene language or gestures, disorderly conduct, theft, public intoxication, use of drugs, sexual misconduct, indecency, harassment, failure to cooperate with staff, possession of weapons of any kind, non-compliance with established policies and rules, any unlawful activity and any other behavior deemed offensive or unacceptable. Staff will enforce this code of conduct.



# GENERAL INFORMATION

## Building Info

### Hours of Operation

#### October– April

Mon– Fri. 6am-8pm

Saturday 9am– 4pm

Sunday 11am– 5pm

#### May– September

Mon– Fri. 6am-8pm

Saturday 9am-2pm

Sunday Closed

### Building Address

5200 Shrewsbury Ave

Shrewsbury, MO 63119

314-647-1003

## Elected Officials

**Mayor** - Felicity Buckley

**Alderman Ward 1** - Elmer Kauffman & Sam Scherer

**Alderman Ward 2** - Ed Kopff & Rick Steingrubby

**Alderman Ward 3** - Mike Travaligni & Chris Gorman

## City Staff

**Director of Administration** - Jonathan Greever

**Director of Public Works** - Tony Wagner

**Director of Finance** - Danielle Oettle

**Police Chief** - Jeff Keller

**Fire Chief** - Chris Amenn

## Parks and Recreation Staff

**Director of Parks and Recreation** - Chris Buck

**Recreation Supervisor** - Lauren Mayer

**Recreation Supervisor** - Patrick Myers

**Maintenance Supervisor** - Skip Zaiger

**Maintenance Staff** - John Kaiser, Rufus Thomas & Tim Snelson

## Park Commission

Julie Dueber

Jill Duvall

Greg Meyer

Matt Maranzana

Marc Langhauser

Maureen Hoock

Sue Kreigshauser

Beth Parker

Nicholas Lindley

Elmer Kauffman - Board Rep.

# PASS INFORMATION

## Rec Pass

The Rec Pass includes use of the gym during open play, the weight room, and game room. Passes are valid for one year from date of purchase. All guests must be accompanied by a pass holder.

	<u>Resident</u>	<u>Non - Resident</u>
<b>Family Pass</b>	\$170	\$230
<b>Individual Pass</b>	\$80	\$146
<b>Senior Family Pass</b>	\$28	\$103
<b>Senior Individual</b>	\$18	\$68
<b>Guest (14 &amp; younger)</b>	\$2	
<b>Guest (15 &amp; Older)</b>	\$3	



## Super Rec Pass

This pass includes the same access as the Rec Pass, plus admission to the Shrewsbury Family Aquatic Center. Passes are valid for one year from the date of purchase and are only available to residents of Shrewsbury.

<b>Family Pass</b>	\$250
<b>Individual Pass</b>	\$145



## Pool Pass

	<u>Resident</u>	<u>Non - Resident</u>
<b>Family Pass</b>	\$170	\$350 (first 4, \$25 each additional person)
<b>Individual Pass</b>	\$85	\$200
<b>Senior Individual</b>	FREE	\$200
<b>Resident Pool ID</b>	\$10 (requires daily admission fee)	
	Ages 3-15	\$3
	Ages 16 and up	\$4
<b>Nanny Pass</b>	\$100	
<b>Guest Fees</b> (must be accompanied by a pass holder)		
	Ages 3-15	\$5.00
	Ages 16 and up	\$6.00



# PARK INFORMATION

## Ackfeld Park

Ackfeld Park consists of a total of 6.8 acres of land. It is located at the intersection of Shrewsbury Avenue and Sutherland Ave. behind the Police and Fire Station. The park has a ball field and two tennis courts. A sand volleyball court is located east of the aquatic center parking lot.

## Brinkop

Brinkop Park's 3.4 acres are nestled in a beautiful residential area west of the intersection at Nottingham and Laurel-la. The park has a playground, ball field, multi-purpose court, pavilion, and restroom facility.

## Hartry Park

Hartry Park is the smallest park located in the City of Shrewsbury. The park is one acre of pure enjoyment and is located at 4100 Exeter Ave. There is a playground and a multi-purpose court for all to use.

## Wehner Park

Wehner Park is Shrewsbury's largest park consisting of 31.8 acres. This park contains three ball fields, one soccer field, two pavilions, two playgrounds, and two tennis courts. Wehner Pavilion is located at 7600 Hazel Ave., and the Festival Site Pavilion is located at 5200 Lenox Ave.

To rent a pavilion, please contact Lauren at 314-647-1003 beginning March 1st.

Pavilion rentals run April– October



Park & Pavilion Amenities	BBQ Grill	Ball Field	Basketball Court	Drinking Fountain	Electric	Lighted Courts	Pavilion	Playground	Porta—John	Restrooms	Sand Volleyball	Tennis Courts	Walking Path	Max seating Capacity	Rental Required
Ackfield		x		x		x			x		x	x			
Brinkop	x	x	x	x	x	x	x	x		x			x	45	x
Festival	x	x		x	x		x	x		x		x	x	75	x
Hartry			x	x				x	x				x		
Wehner	x	x		x	x		x	x	x				x	45	x

# FACILITY RENTAL INFORMATION

**Ballroom:** Our ballroom is an ideal place to host a wedding reception or trivia night. The room seats up to 240 guests “party style” and 300 guests “theater style”. This room includes a prep kitchen, stage, two bars and a parquet dance floor. The openness of this room will make any event grand!



**Multi-Purpose Room:** Our multi-purpose room is perfect for reunions, holiday parties, dances, anniversaries, birthdays and more. This room seats up to 200 guests “party style” and up to 250 guests “theater style”. A prep kitchen is available for storing and/or reheating food. Additionally, the room has a built in stage area that can be utilized for presentations, or announcements. There’s plenty of room to move around and mingle, so make your next party a hit in our multi-purpose room.

## Knights Room

Our NEW room is ready to be rented! This room seats up to 24 people but can hold up to 40 people cocktail style. The room comes with a mini fridge, sink, cable, round tables and high top tables. This room is perfect for showers, adult birthday parties, or a small gathering! \$50 deposit, this will be refunded as long as there is no damage to the room.



**Meeting Rooms:** For your next important meeting or special gathering, we’ve got you covered. We have four meeting rooms that hold up to 40 guests “party style” and up to 60 guests seated “theater style”. We also have one meeting room holds up to 80 guests “party style” and up to 120 guests “theater style”. A small prep kitchen is available upstairs for all meeting room rentals.

	Deposit	Resident	Non-Res.	Add. Hours
Meeting Rooms 1,3,4,5	\$50	\$25/hr	\$30/hr	
Meeting Room 2	\$50	\$40/hr	\$55/hr	
Knights Room	\$50	\$30/hr	\$40/Hr	
Multi Purpose Room: Sun-Fri	\$100	\$400/5hr	\$550/5hr	\$80/R \$110/NR
Multi Purpose Room: Saturday	\$100	\$500/5hr	\$650/5hr	\$100/R \$130/NR
Ballroom : Sun-Fri	\$200	\$600/5hr	\$800/5hr	\$120/R \$160/NR
Ballroom: Saturday	\$200	\$700/5hr	\$900/5hr	\$140/R \$180/NR

# ADULT TRIPS

## Warm Springs Ranch

We are headed out to the headquarters of the Budweiser Clydesdales breeding operation and home of the Clydesdales. Warm Springs Ranch behind-the-scenes tour allows you to meet and interact with foals, mares and stallions. A delicious family-style lunch buffet will be provided at the Settlers Inn. Registration includes transportation, the Warm Springs Ranch Tour and lunch.

**Date:** Thurs. Oct. 20

**Time:** Pick up at CCC: 7a.m., KCC 7:15am  
Return to KCC: 4pm, CCC 4:15pm

**Fee:** Res/Non- Res \$70

Registration Deadline: October 6th



## History Museum

View the "toys of the 50s, 60s, & 70s" exhibit at the History Museum and listen to the curator speak about what's on hand. Lunch will be at Fitz's Root Beer, so save some room for root beer! Fees include bus, exhibit, and lunch.

**Date:** Tues. Nov. 15

**Time:** Pick up at KCC: 8:15am, WGRC 8:30am  
Return to WGRC 2:30pm, KCC 3pm

**Fee:** Res/Non- Res \$60



## Our Lady of the Snows

Get your holidays off to a delightful start with a trip to Our Lady of the Snows. Enjoy a delicious buffet dinner at the Shrine Restaurant, followed by an enjoyable ride through one of the most beautiful and uniquely designed light displays in the two-state area, with more than 1.5 million lights. Space will fill quickly, so register early. Fee includes admission, meal, and transportation.

**Date:** Tues, Dec. 13

**Time:** Pick up at KCC: 3:45pm, WGRC 4pm  
Return to WGRC: 7:45pm, KCC 8pm

**Fee:** Res/Non-Res \$50

Registration Deadline: Dec. 1



## Ameristar Casino and Old Town St. Charles

Join us for a trip to Ameristar Casino in St. Charles, complete with an all-you-can-eat lunch at the Landmark Buffet. We will then travel just down the road to Old Town St. Charles for some free time to visit local shops and landmarks along historic Main Street. Registration includes motor coach, lunch, and driver gratuity.

**Date:** Wed., Mar. 15

**Time:** Pick up at KCC: 9am, WGRC 9:15am  
Return to WGRC: 3:45pm, KCC 4pm

**Fee:** Res/Non-Res \$60

Registration Deadline: Mar. 1



# ADULT PROGRAMS

## **Nurturing Connections with your Child - a parent & child class for children 6 weeks-2 years of age**

Classes support children to be attentive, develop self-confidence, and deepen his or her understanding of self and others while parents observe, celebrate, relax, and learn. Classes are limited to 8 children (up to age 2) and when possible, mobile and non mobile infants are grouped as such. Parents are asked to attend an orientation prior to signing up for classes.

Classes are facilitated by Shannon Carr, M.A.T., a student of the RIE® Practicum Pathway under the mentorship of RIE® Associate Polly Elam.

**Date:** The next class starts Wednesday's 9/21-11/16 (no class on 10/12)

**Time:** 9:30-10:30 a.m.

**Fee:** \$85 for an 8-week series (an orientation is required before attending a series)

## **Pickleball:**

You'll want to be part of this already popular new sport – Pickleball! What is it, you ask? It's a combination of tennis, ping pong and badminton. You use a racket that looks like a larger ping pong paddle and a ball akin to a wiffle ball. It's similar to tennis and badminton in service rotation and play, but there is an underhand serve that is not as taxing on the shoulder. Mondays and Fridays: 9am-12pm , Fridays: 6:30-8:30pm.

**Fees:** Free for rec pass holders,  
\$2.00 for non-rec pass holders.  
10 punch Card Pass for \$16

## **Card Club**

Meet us at the City Center for some Pinochle, Bridge and other card games. The relaxed atmosphere and light snacks make for an enjoyable morning. Drop in players welcome; come early to get your spot.

**Date:** 2nd Wednesday of every month

**Time:** 10:00am

**Fee:** \$2.00

## **Nurturing Connection Orientation**

If you would like to learn more about Nurturing Connections and find out what a parent and child class is like, come to one of our monthly orientation workshops. Orientation nights are held the second Wednesday of each month from 7-8 pm. This is an adults-only event; no children please. Advanced registration is required.

**Dates:** 9/14, 11/9, 12/14 (there is no orientation in October)

**Time:** 7 – 8 p.m.

**Fee:** \$10

These classes are inspired by the Educating Approach. To learn more, check out RIE® and Janet Lansbury's Elevating Childcare, a blog for families to follow.

## **Join the Shrewsburians**

We invite all Shrewsbury residents ages 55 and older to come socialize with others in the community! Learn about upcoming day trips and activities, enjoy entertainment and refreshments. We also celebrate major holidays with our wonderful catered lunches. Meetings are held the second Monday of each month at 12 noon. Contact the City



# SPECIAL EVENTS



## Shrewsbury Holiday Bazaar– Dec. 10th!

We are looking for vendors for our Holiday Bazaar on December 10th. The fee is \$20 for each 6x8 spot. Handmade vendors may sign up at anytime. Direct sales vendors may start to apply October 24th. Applications can be found on our website and must be turned into the City Center no later than November 25th.

## Make a Difference Day

This day serves as a call to action in the Shrewsbury/ Webster Groves community. From yard work to food drives we will challenge ourselves to make a difference in someone else's life. We invite Boy/Girl Scout troops, High school groups, church groups and anyone who is looking to make a Difference. All participants will receive a free t-shirt and lunch. If you would like to lead a project or would like to volunteer please contact Patrick at 314-647-1003.

**Date:** October 22nd



## Shrewsbury...It's Home...For the Holidays

**2016 Tree Lighting Ceremony**

**Friday, December 2nd**

**Shrewsbury Police Station**

**6:30pm Please join us for cocoa, cookies and Holiday music**

**6:45 pm Santa arrives**

**And lighting of the Tree**

**Please join us to celebrate the holiday season Shrewsbury style! Give back to the community: We ask that you bring a donation of non perishable food items for our local food pantry .**



# Fall Festival

SEPTEMBER 24TH, 2016

1PM-10PM

Inflatables 1pm-9pm

The Magic House 2pm-5pm,

Kids Pumpkin Patch 3pm

Craft Beer Tasting 2pm-7pm,

Bowling 2pm-8pm,

Petting Zoo 2pm-4pm,

Babalou 4pm-5pm,

Presentation Band, BBQ,

Hole in One 1pm-5pm,

Hay rides 4pm-dark

S'Mores dark

Yes Sir 7pm-10pm,

and much more!



# FITNESS

## Tai Chi

True health & wellness comes from integrating the whole person— body, mind, and spirit. The slow, dance-like speed of Tai Chi creates balance, flexibility and calmness. Class includes warm-ups that detoxify the body, postures that stimulate every gland and organ, and movements that loosen up every joint in the body.

**Dates:** Wednesdays

**Session I:** September 14– November 2nd

**Session II:** November 9– December 28

**Session III:** January 4- February 22

**Time:** 1:30pm–2:30pm

**Fee:** \$60



Jazzercise is a calorie-torching, dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our hour-long classes— Dance Mixx, Interval, Fusion, Core, and Strike — will leave you with that look good, feel great, got-my-stride-on-and-you-love-it confidence, and coming back for more. Start working it... with Jazzercise. Arrive a few minutes early to any scheduled class and let us know you are new to get a special discount."

### Schedule:

Mon- Thurs, Sat 8:15am & 9:20am

Mon-Thurs 4:30pm & 5:45pm

(no babysitting at 5:45pm)

Sunday 8:15am, 9:20am & 3:30pm

(no babysitting on Sundays)

For more information, please contact Kim Truka at 314-369-6526

## Low impact aerobics/general toning combo class

Want to shake up your fitness routine? This class is low impact, incorporating Latin inspired cardio moves, along with traditional low impact steps. The first 30-35 minutes are devoted to cardio. The last half of the class focuses on abdominal/core strengthening, toning/weights and finally stretching. Bring weights, a towel, mat and water.

**Date:** Ongoing Tuesdays and Thursdays

**Time:** 6-7pm

**Ages:** 16 & up

**Fees:** \$50/R and \$55/NR for a 10 class punch card

## Weights for Women

Learn body weight and free weight exercises to become stronger, regain good posture, and make everyday life easier. The National Academy of Sports Medicine had said that strength training for 2-3 times per week is essential for optimal wellness. Exercises will be modified to fit your level and will be progressed as you gain strength.

**Dates:** Ongoing

**Time:** Tuesday & Thursday 5:30pm-6:30pm or Sat. 9:30am-10:30am

**Ages:** 18 and up

**Fee:** \$50/R and \$55/NR for a 10 class punch card.



# YOUTH PROGRAMS

## Winter Park Program

Join us during winter break as Park Program moves inside! We will have crafts, games and much more all inside of the City Center! We might even brave the weather to do a winter scavenger hunt in the park!

**Session 1:** December 21-23rd

**Session 2:** December 27-30th

**Times:** 9am-3pm

**Fee:** Session 1 \$40R /\$45N  
Session 2 \$45R/\$50NR

Do you need care before winter park program or after? Drop the kids off at 8 and pick them up at 4

**Fees** \$10 each session

**Times:** 8-9am and 3-4pm



## Youth Theater

Shrewsbury Youth Theater will preform Elf the Musical Jr October 27th– 30th. Based on the beloved holiday film, this hilarious fish-out-of-water comedy follows Buddy the Elf in his quest to find his true identity. Tickets will be on Sale September 27th. For more information please email Lauren at [Lmayer@cityofshrewsbury.com](mailto:Lmayer@cityofshrewsbury.com). Or by calling 314-647-1003

## St. Michaels Athletic Association

St. Michaels offers youth sports programs for children who are residents of Shrewsbury

**Baseball:** Jay Laue [Jlaue3@gmail.com](mailto:Jlaue3@gmail.com)

**Volleyball:** Marcia Paynter  
[paynter3489@sbcglobal.net](mailto:paynter3489@sbcglobal.net)

**Basketball:** Joseph Moore [7Joe7@msn.com](mailto:7Joe7@msn.com)

**Soccer:** Dan Kellogg  
[danmegan@sbcglobal.net](mailto:danmegan@sbcglobal.net)

**Lacrosse:** Michael Tuttle  
[mtuttle@abstracking.com](mailto:mtuttle@abstracking.com)



## Preschool Open Gym

Join us for Pre-School Open Gym! Bring your toddlers by and spend some time playing in our gym. We have fun bikes, gymnastic equipment and much more! Join us Tuesday thru Thursday mornings from 10am– 12pm. This is free for rec pass holders and \$2 for a guest pass.

# DOG TRAINING

## (BAT 101) Behavior in Training

### Orientation Seminar

This dynamic introductory class will teach you how dogs learn and how to manage common behavior issues. Attendance in this seminar is required before beginning any entry-level class listed below but there is no obligation to register for any other class. Some students find this seminar is all they need to get started training with their dog at home. **Do not bring your dog!** This presentation is for owners only.

**Dates:** Alternating Mon. and Wed.

**Time:** 6:30pm-7:30pm

**Fees:** \$20 per Household

**Register:** [www.gsltc.org](http://www.gsltc.org)

### Puppy Kindergarten / Elementary

Puppies 8 to 14 weeks start in the Puppy Kindergarten class where puppies are socialized to many different people, puppies, surfaces and sounds in a safe learning environment. Puppies 15 weeks to 6 months join the Puppy Elementary class and participate in the AKC Socialization Training Activity & Responsibility (S.T.A.R) Puppy Program (open to all dogs of any background).

**Dates:** Ongoing

**Times:** Monday and Thursday 7:00-8:00pm,  
Tuesdays 8:00-9:00pm

**Fees:** \$125 for 5 classes

**Pre - Req.:** Attend the BAT 101 Seminar

### Foundation Manners

Any dog 4 months and older can start in this class and learn the basic skills of a well-mannered dog or the foundation skills for a competition companion. Dogs learn attention and focus, being handled, leaving things when asked, sitting politely to greet people, relaxing on a mat, coming when called, waiting at doorways, staying in place and walking past distractions.

**Dates:** Ongoing

**Times:** 8:15pm-9:15pm  
Mondays and Thursdays

**Fees:** \$125 for 5 classes

**Pre - Req.:** Attend the BAT 101 Seminar



### Rally and Competition Obedience

These are advanced classes for dogs that have already learned foundation skills. These classes teach the skills needed to compete in AKC Rally and Obedience competitive sports. These are great classes if you are looking for a fun challenge for you and your dog or you are already an obedience enthusiast who enjoys the thrill of competition sport. All dogs can now compete in AKC events, including mixed breeds so any well-mannered dog with the required basic skills is welcome.

**Dates:** Check the website

**Times:** 7:00pm – 9:00 pm Wednesdays

**Fees:** vary; free orientation is offered for Rally Competition

**Register:** [www.gsltc.org](http://www.gsltc.org)

